



23/4/2020 Weekly Letter to our Church and Community

Dear friends, sisters and brothers,

Welcome to our weekly letter to you all. We pray you are being strengthened with physical, emotional and spiritual food for this very, very unusual season.

Laura Truter our Children's leader has put together such a beautiful creative gift to us we thought this week we would send it to everyone as it is for all ages to enjoy.

We have enjoyed filling in our thoughts and hope you enjoy reading them and doing your own journey through thinking about your household, what family means, creating crafts, tuning into worship, drawing your family (or putting photos in) thinking of 5 things you love to do together, sharing that love with others, looking up the bible verses that help us work hard, keep our promises, tell the truth, count our blessings, love one another and have fun! Use the five finger prayer as a family maybe before we eat together and find a map of the world to touch and pray for different countries like the children from Mozambique. (If you can't print it off, do go through it and enjoy the questions and colourful presentation)

Thank you Laura for this lovely way of being together as a church and community this week.

Thought for the Week

In our Sandal MagnaParish Facebook series, Bible Image a Day, we have been looking this week at images from nature of growth and fruition: root, seed, flower, fruit, harvest, and tree. As Jesus said in his parable of the sower, nothing will grow and produce fruit unless it is rooted in good soil. Any gardener or farmer will tell you that the soil is the key. The soil needs to be dug, turned, fertilised with manure, and harrowed to produce a fine tilth. Tilth is a lovely word. "Soil with good tilth has large pore spaces for air infiltration and water movement. Roots only grow where the soil tilth allows for adequate levels of soil oxygen. Such soil also holds a reasonable supply of water and nutrients."

Jesus' parable compares the state of the soil to the state of our hearts. Do our hearts have space for the oxygen of God's spirit and the water of his love to flow through? Is the soil soft enough to allow the seed of God's Word to take root and grow?

Paul prays: "*For this reason I kneel before the Father, from whom every family in heaven and on earth derives its name. I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being, so that Christ may dwell in your hearts through faith. **And I pray that you, being rooted and established in love, may have power, together with all the Lord's holy people, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge – that you may be filled to the measure of all the fullness of God.***" Ephesians 3:14-19.

The love of Christ has a supernatural 4th dimension, not just wide and long and high, as in our 3D world, but also deep with a depth of love that surpasses human knowledge or science.

This is not an easy time for many people, and it is testing our resilience. Paul writes: "*We know that suffering produces perseverance; perseverance, character; and character, hope. And hope does not put us to shame, because God's love has been poured out into our hearts through the Holy Spirit, who has been given to us.*" Romans 5:3-5.

May we take this time to let our hearts be softened to a fine tilth to allow space for us to soak up God's love and nurturing care, and to allow our roots to deepen so that we can grow, blossom and bear fruit in this season and more fruit in the season to come.

With love and blessings in Christ Jesus,
Rupert and Sally



We're all in this together

Love is....

Family is

Together we are....



Can you make a paper chain family?

Write a prayer or what you love about each person on the back of your paper family



Songs

<https://www.fischtunes.com>

Facebook:
Worship for Everyone
@worshipforeveryone



Draw your Family

Our family...

...to you!

wanted to send some

love

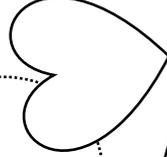
Draw your family here

Draw the people you are sending love to

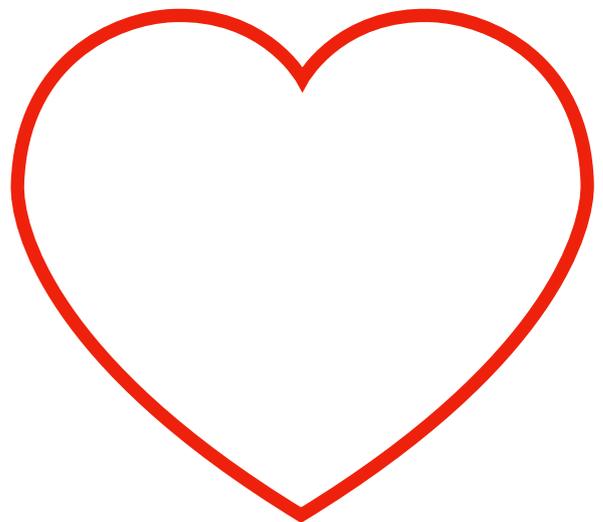
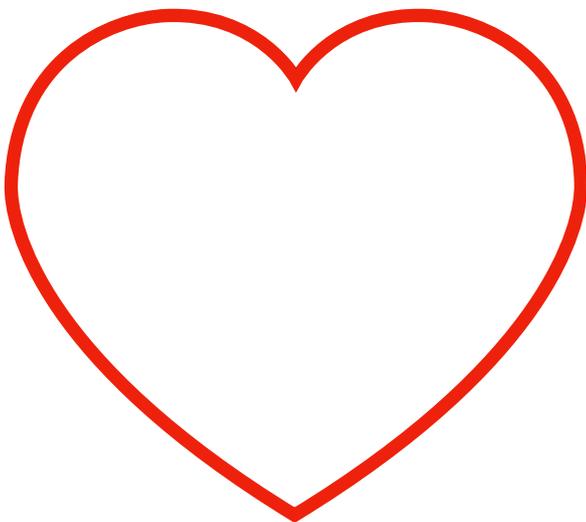
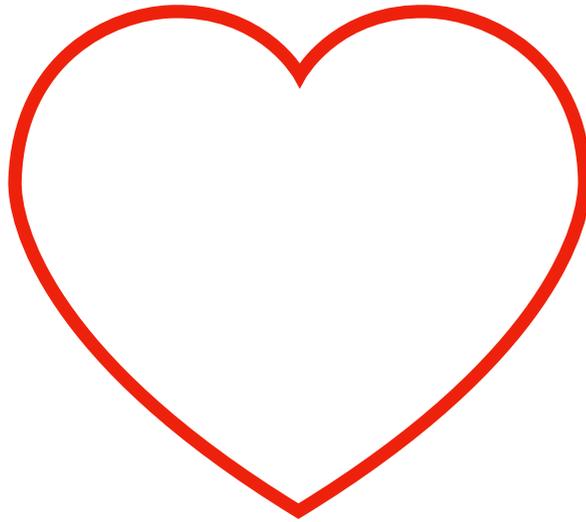
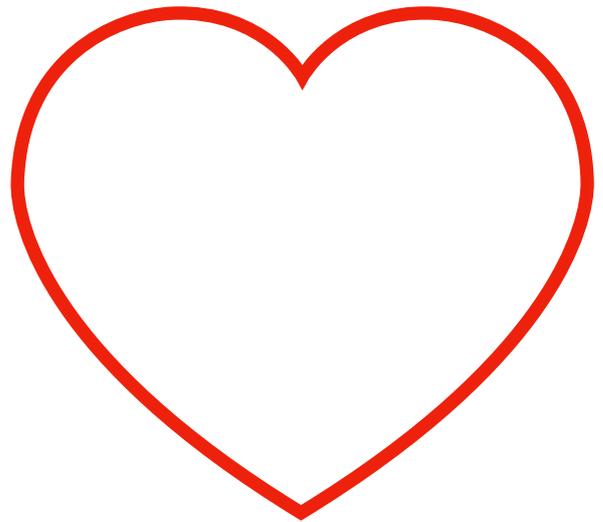
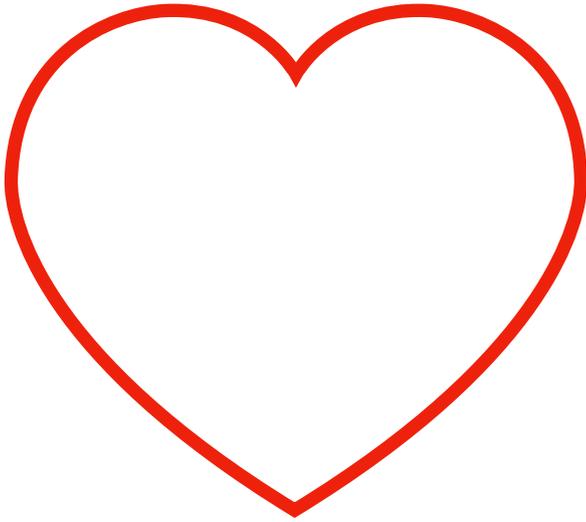
One thing about you that we are thankful for is...

One happy memory we share is...

One thing that makes you special and amazing is...



Together at home we love to.....





Together We

Work Hard
Colossians 3:23

Keep Our Promises
Romans 4:21

Tell the Truth
Proverbs 12:22

Count Our Blessings
Psalms 34:1-3

Love One Another
1 Peter 1:22

Have Fun!
Proverbs 15:13

5 Finger Prayer

4) The **ring finger** is the weakest. Pray for the sick, poor, and those most in need.

5) The **pinkie finger** is the smallest. Pray for **yourself** and your own needs.

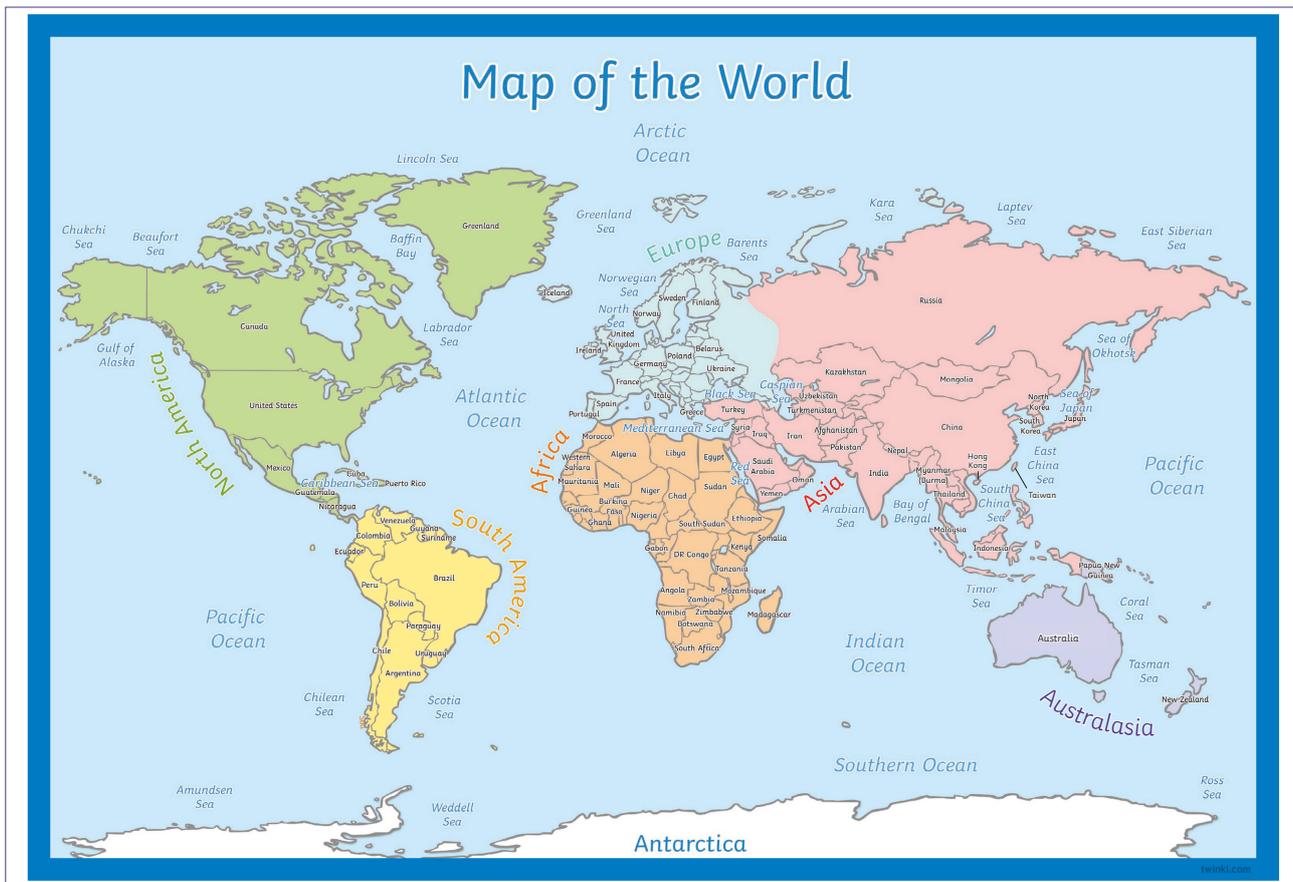
3) The **middle finger** is the tallest. Pray for **leaders** in government, business, and the church.

2) The **pointer finger** is used to give directions. Pray for **teachers**, coaches, therapists, doctors, and first responders.

1) Your **thumb** is closest to your heart, so pray for those closest to you - **your family and friends.**



Pray for our Brothers and Sisters around the world



Children in Mozambique laying their hands on the map of countries and praying for them.

Stay Safe xx

We're all in this together

Love is.... Kind

Family is Very important

Together we are....

Gods big family

With love from the Martins home xx

Together at home we love to.....

- BE ABLE TO WORK + HELP OTHERS
- PHONE FAMILY + FRIENDS
- SEE THE FLOWERS + TREES BLOSSOM
- COOK + EAT + ENJOY THE SIMPLE THINGS
- WALK + CYCLE CLOSE TO HOME + JUMP INTO PEOPLE

Draw your Family

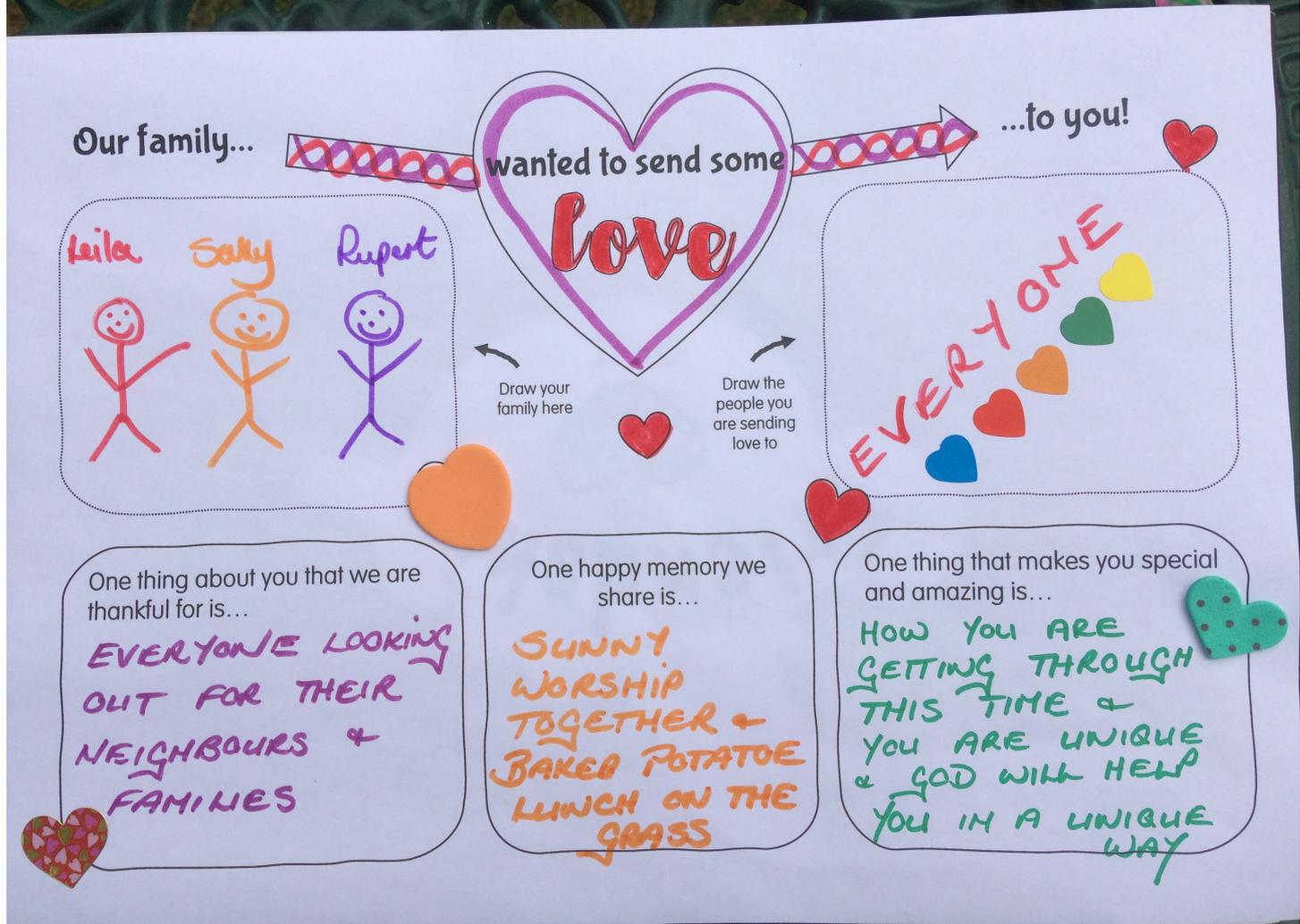
LEILA

SALLY + AMY (WHO IS NOT WITH US!)

RUPERT

AURORA TUMIP

From the Pond



NEWS

With Sandal Castle School in partnership with The Spring and Portobello Community Forum/Make Lunch we are cooking and putting together hampers each week to support the most vulnerable and under pressure families in our community.

If you would like to support this work please can you donate any of the following and leave it outside **Sarah Cutts home Spring Bank, 238 Barnsley Road, WF2 6EL** just opposite Becketts school.

Breakfast Cereal, Jam, Honey

Tinned vegetables

Tinned rice pudding, Jelly

Tomato soup

Baked beans

Tinned fish

Tinned meat

Tinned fruit

Tinned spaghetti

Hot dogs

Cream Crackers

Biscuits

Gravy granules

Pasta, Pasta sauce

Rice

Tea Bags, Coffee, Sugar

Long life milk

Washing up liquid

Toilet Rolls

Soap and hand wash

Shampoo

Sanitary towels

Disposable razors.

Shaving foam

Nappies

Wet wipes

If you would like to give financially towards this please contact Cath Moxham to either make a BACS payment or a different arrangement. 07533996265

Thank you so much x

Taize are streaming a worship service live every evening on facebook which has been recommended.

AGE OF CREATIVITY

<http://www.ageofcreativity.co.uk>

The Age of Creativity is a network of more than 1,000 professionals who all believe that creativity and culture supports older people to experience better health, wellbeing and quality of life. Our network is free and accessible to all.

This is a helpful way of praying through an hour, from a friend of City of Sanctuary, Sheffield.

JUST AN HOUR A DAY

TEN MINUTES: SIT IN SILENCE

- Silence. This does not mean no noise. It means you sit comfortably and just listen to yourself, and in all that is happening to you discern the voice and word of God. It doesn't matter if your mind wanders or goes off in a tangent. Note what comes in to your mind

TEN MINUTES: WRITE

- Write down some of your thoughts from the moments of silence, or other words. Just write. This is not to share with others, it is for you

TEN MINUTES: READ

- Read something. It could be a few pages of a book...your Newspaper...

TEN MINUTES: REFLECT AND PRAY

- Read a short passage from the Bible. It could just be one verse. Reflect on this. What does this portion of scripture say to you? You may wish to write down a sentence or two to capture your reflection. Pause for a prayer. This could simply be to say the "Lord's Prayer" with full attention

TEN MINUTES: LISTEN TO MUSIC

- Listen to your favourite music. Or tune in to your favourite music station on radio, eg Classic FM or whatever

TEN MINUTES: GARDENING

- Just ten minutes to complete this special hour. A bit of weeding. Or as Jesus suggested, "consider the flowers and the birds" in your Garden. If you don't have a Garden, tend indoor plants, or just "consider" them

Construct one hour a day like this. This is your hour. After this, you can spend time as you wish to, and with others to support them.

Eat and drink in moderation. Reduce consumption generally.

Live radiantly.

Inderjit Bhogal

Just a reminder: Holy Trinity Brompton are running The Marriage Course free of charge online. They have just launched a new course and invited us all to join in. 7 weekly sessions with a rolling start to the course beginning every Monday for the next 7 weeks. So get booked on and enjoy!
htb.org/marriage

<https://www.westyorkshire-pcc.gov.uk/coronavirus#Sup>

Very useful Coronavirus web page from West Yorkshire Police and Crime Commissioner. (health guidelines, volunteering opportunities, various links for financial help, various links for mental health help, etc). Thank you Caroline

Will Van De Hart: Pastor at Holy Trinity Brompton.

Mind and Soul Foundation mindandsoulfoundation.org

Really helpful and a wide ranging selection of support networks